

## 2014 National Recovery Month

The Council on Substance Abuse-NCADD (COSA-NCADD) works to address alcohol and substance abuse throughout the River Region area by advancing the cause of National Recovery Month (Recovery Month) in September. During Recovery Month positive messages are spread communicating the fact that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover from substance abuse and mental health disorders. This year, COSA-NCADD is hosting various community events to increase awareness and celebrate the success of many individuals who living in recovery today. To learn more about COSA-NCADD's programs and services, visit [www.cosancadd.org](http://www.cosancadd.org).

### Tuesday, September 23, 2014

#### *Anonymous People Film*

A documentary about people in recovery will be viewed followed by a panel discussion. The documentary film is about the 23.5 million Americans living in long-term recovery from addiction to alcohol and other drugs.

#### *Venue/Time:*

Bellingrath Middle School Auditorium,  
3350 S Court St. Montgomery, AL 36105  
6:00-8:30 pm

### Wednesday, September 24, 2014

#### *Community Forum on Addiction and Recovery*

A panel discussion will take place featuring various professional individuals in recovery and family members. Panelists will talk about recovery from professional and personal experiences and discuss various treatment and recovery options available for people in need of help.

#### *Venue/Time:*

Alabama State University, J. Garrick Hardy  
Student Services Center (Ballroom)  
6:00- 9:00 pm



### Thursday, September 25, 2014

#### *Recovery Expressions Jam*

Individuals will talk about recovery through storytelling, poetry, song and dance.

#### *Venue/Time:*

Frazer United Methodist Church,  
6000 Atlanta Hwy, Montgomery, AL 36117  
6:00 – 8:00 pm

### Friday, September 26, 2014

#### *Recovery Awards Luncheon*

Robert B. Thornhill, MS, LPC Director, Alabama State Bar, will serve as guest speaker. Mr. Thornhill will talk about addiction in the workplace, legal issues, and how employers can assist employees through assistance programs.

#### *Venue/Time:*

Doubletree Hotel (downtown Montgomery),  
120 Madison Ave, Montgomery, AL 36104  
11:30 am- 1:30 pm

### Saturday, September 27, 2014

#### *Family and Friends Celebrating Recovery- "Fun Under the Sun"*

Families and friends are invited to bring their own grills, chairs, blankets and food to celebrate recovery. COSA-NCADD will provide beverages, games and music!

#### *Venue/Time:*

1701 Todd Road, Montgomery, AL 36117  
2:00 – 6:00 pm

### Sunday, September 28, 2014

#### *Recovery Sunday*

Faith-based leaders will be encouraged to provide information and talk about mental health and substance abuse disorders to their congregation during September. COSA-NCADD will provide "toolkits" that churches can use.

## Council on Substance Abuse - NCADD Recovery Awards Luncheon

Friday, September 26, 2014

11:30 - 1:30 p.m.

Doubletree Hotel

(120 Madison Ave, Montgomery, AL 36104)

Luncheon Ticket: \$50

Luncheon Table for 8: \$350

Send Registration and Payment to:

Council on Substance Abuse - NCADD  
828 Forest Ave, Montgomery, AL 36106  
or Register at [www.cosancadd.org](http://www.cosancadd.org)

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

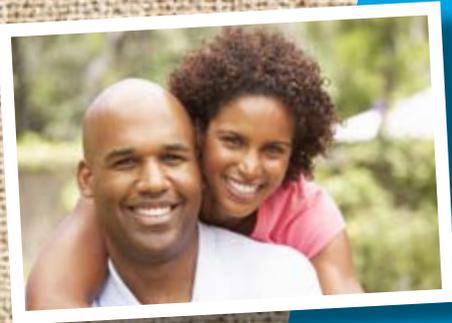
City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Additional Attendees:  
\_\_\_\_\_  
\_\_\_\_\_  
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For Questions, Call 334-262-1629

Council on Substance Abuse - NCADD  
828 Forest Ave.  
Montgomery, AL 36106



# RECOVERY MONTH

September 2014

Mental and substance use disorders affect millions of Americans and directly touch the lives of individuals, family members, neighbors, and colleagues.

Every September, the Substance Abuse and Mental Health Services Administration within the U.S. Department of Health and Human Services (HHS) sponsors National Recovery Month (Recovery Month) to increase awareness of behavioral health conditions.

This celebration promotes the message that behavioral health is essential to health, prevention works, treatment is effective, and people recover from mental and substance use disorders.

The 25th annual Recovery Month theme, **“Join the Voices for Recovery: Speak Up, Reach Out,”** encourages people to openly discuss – or speak up about – mental and substance use disorders and the reality of recovery.

It aims to foster public understanding and acceptance of the benefits of prevention, treatment and recovery from behavioral health conditions. The observance also promotes ways first responders, faith leaders, youth and young adults, and policymakers can recognize these issues and reach out to help others, as well as themselves.

**“Join the Voices  
for Recovery:  
Speak Up,  
Reach Out”**

#### Council on Substance Abuse-NCADD

828 Forest Avenue, Montgomery, AL 36106

Ph: 334-262-1629/ Fax: 334-262-6725

Website: [www.cosancadd.org](http://www.cosancadd.org)

National  
*Recovery Month*

Prevention Works · Treatment is Effective · People Recover

SEPTEMBER 2014

25  
YEARS

